



**BOY SCOUTS OF AMERICA**  
**Troop 146**  
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**Tenderfoot Requirement 5c**  
**"Explain the rules of safe hiking, both on the highway and cross-country, during the day and night." (page 252)**

\_\_\_\_\_  
Name

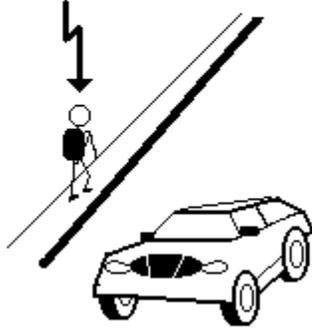
(Choose 1 correct answer)

1. When hiking on a trail:  
 It is best to walk single file so as to make the least impact on the environment.  
 It is best to walk two-abreast so as to always have someone to talk with.
2. Horses and mules are easily spooked. If you meet someone on horseback:  
 It is best to say soothing things to the horse and offer sugar if you have any.  
 It is best to stop, step off the trail, and stand quietly.
3. If you have to wade or ford across a fast-moving stream:  
 Take off your boots -- it's impossible to continue the hike if your boots become wet.  
 Wear your boots in case there are sharp rocks on the bottom.
4. If you have to wade or ford across a fast-moving stream:  
 Keep the straps of your pack loose. Then, if you fall, you can easily slip out of the pack.  
 Tighten your straps. You want the pack rock-steady, and you definitely don't want it to get away from you.
5. If you have to walk along a road at night, how can you make sure that cars can see you?  
 Use a flashlight to make your presence known.  
 Wear white clothes or items, or, even better, fluorescent ones.  
 Both of the above are good ideas.
6. Is hitchhiking OK?  
 Sure, why not? It certainly beats walking.  
 No, it's asking for trouble and is probably illegal anyway.

7. When hiking on a 2-lane highway with cars coming and going, which is safer?  
\_\_\_ Walk "facing the traffic", with cars coming towards you.  
\_\_\_ Walk "with the traffic", going the same way the cars are going.

### Which is safer?

This Scout is walking  
"facing the traffic"



This Scout is walking  
"with the traffic"

