



BOY SCOUTS OF AMERICA

Troop 146

St. Francis Church
308 Jefferson Street
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Tenderfoot Requirement 1a2

"Show the personal and camping gear you will use. Show the right way to pack and carry it."

Name

The Scout Handbook recommends that you pack these items

(Index: Personal camping gear - maybe page 268):

The Scout Basic Essentials

| | | |
|----------------|--------------|---------------------------|
| Pocketknife | Water bottle | Matches and fire starters |
| First aid kit | Flashlight | Sun protection |
| Extra clothing | Trail food | Map and compass |
| Rain gear | | |

Clothing appropriate for the season and weather

Backpack with rain cover

Sleeping gear

| | | |
|--------------|--------------|--------------|
| Sleeping bag | Sleeping pad | Ground cloth |
|--------------|--------------|--------------|

Eating kit

| | | | |
|-----------------|-------|------|-----|
| Eating utensils | Plate | Bowl | Cup |
|-----------------|-------|------|-----|

Cleanup kit

| | | |
|--------------|-------------|------------------|
| Soap | Tooth brush | Tooth paste |
| Dental floss | Comb | Small camp towel |

Optional personal items

| | | |
|----------------------|---------------|-----------------------|
| Personal medications | Watch | Fishing pole and gear |
| Camera | Pencil or pen | Insect repellent |
| Small notebook | Swim suit | Bible or prayer book |

1. The handbook says, "Your backpack should be a bag of bags." What does that mean? (*Hint: Use words like "stuff sacks" or "Ziploc bags".*)



2. Some of the listed items should be packed near the top or in outside pockets where they can be reached easily. Pick four items in this category.

3. Some of the listed items will turn into a real problem if they get wet from rain or if you fall into a stream. Pick two items in this category.

4. When we schedule a backpacking trip and the troop meets up at the parking lot prior to departure, the SPL will ask everyone, "Is there empty space in your backpack?" Why does he want to know? (*Hint: Use words like "troop gear" or "food" or "stove" or "pots and pans".*)

5. It's unlikely that you will have enough room inside your backpack for your sleeping bag or sleeping pad. What can you do instead? (*Hint: Use words like "Pack's top flap" or "Frame".*)
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6. Use the drawing on the next page to answer this question. If you have an **internal frame backpack**, where should the heaviest items go? (choose one)

- Heaviest items go high in the pack
- Heaviest items go in the middle of the pack
- Heaviest items go low in the pack

7. Use the drawing on the next page to answer this question. If you have an **external frame backpack**, where should the heaviest items go? (choose one)

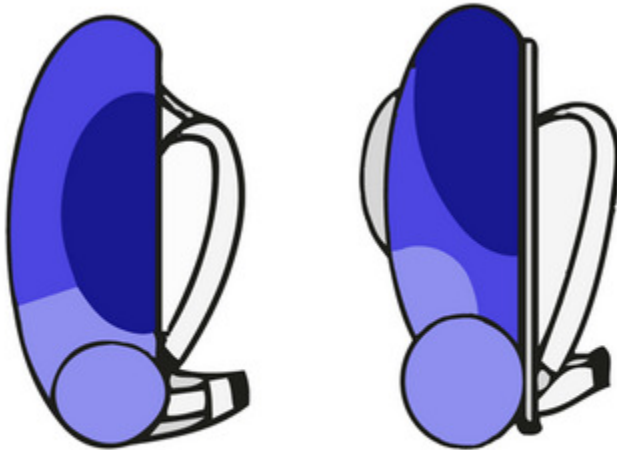
- Heaviest items go high in the pack
- Heaviest items go in the middle of the pack
- Heaviest items go low in the pack

8. Use the drawing below to answer this question. No matter what kind of backpack you have (internal or external), where should the heaviest items go? (choose one)

___ Heaviest items go as close to your back as possible.

___ It doesn't matter if the heaviest items are close to your back or not.

Backpack Weight Distribution



Internal Frame

External Frame

■ Heavy ■ Medium ■ Light