



# BOY SCOUTS OF AMERICA

**Troop 146**  
St. Francis Church  
308 Jefferson Street  
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## Tenderfoot Requirement 1a2

**"Show the personal and camping gear you will use. Show the right way to pack and carry it."**

\_\_\_\_\_ Name

### **The Scout Handbook recommends that you pack these items**

(Index: Personal camping gear - maybe page 268):

#### **The Scout Basic Essentials**

Pocketknife	Water bottle	Matches and fire starters
First aid kit	Flashlight	Sun protection
Extra clothing	Trail food	Map and compass
Rain gear		

#### **Clothing appropriate for the season and weather**

#### **Backpack with rain cover**

#### **Sleeping gear**

Sleeping bag	Sleeping pad	Ground cloth
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#### **Eating kit**

Eating utensils	Plate	Bowl	Cup
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#### **Cleanup kit**

Soap	Tooth brush	Tooth paste
Dental floss	Comb	Small camp towel

#### **Optional personal items**

Personal medications	Watch	Fishing pole and gear
Camera	Pencil or pen	Insect repellent
Small notebook	Swim suit	Bible or prayer book



5. It's unlikely that you will have enough room inside your backpack for your sleeping bag or sleeping pad. What can you do instead? (*Hint: Use words like "Pack's top flap" or "Frame".*)
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6. Use the drawing on the next page to answer this question. If you have an **internal frame backpack**, where should the heaviest items go? (choose one)

- Heaviest items go high in the pack
- Heaviest items go in the middle of the pack
- Heaviest items go low in the pack

7. Use the drawing on the next page to answer this question. If you have an **external frame backpack**, where should the heaviest items go? (choose one)

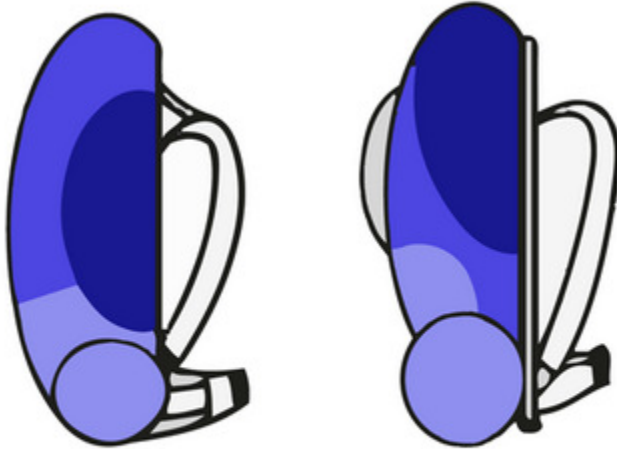
- Heaviest items go high in the pack
- Heaviest items go in the middle of the pack
- Heaviest items go low in the pack

8. Use the drawing below to answer this question. No matter what kind of backpack you have (internal or external), where should the heaviest items go? (choose one)

\_\_\_ Heaviest items go as close to your back as possible.

\_\_\_ It doesn't matter if the heaviest items are close to your back or not.

### Backpack Weight Distribution



Internal Frame

External Frame

■ Heavy   ■ Medium   ■ Light