



BOY SCOUTS OF AMERICA
Troop 146
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Second Class Requirement 9b
"Describe bullying; tell what the appropriate response is to someone who is bullying you or another person."
(Handbook Page 405)

_____ Name

DESCRIBE

1. The Scout handbook says, "Bullying is when someone uses his power and position to _____ another person.
Check off which verbs might be used to fill in the blank.
- ___ Befriend
 - ___ Frighten
 - ___ Complement
 - ___ Embarrass
 - ___ Harass
 - ___ Threaten
 - ___ Listen to

SOME DIFFERENT WAYS THAT VICTIMS GET BULLIED

2. Here's a list of 6 different ways that someone might bully a victim. Use them to fill in the blanks:
- | | |
|-------------|------------------|
| 1. Verbal | 4. Group |
| 2. Social | 5. Criminal |
| 3. Physical | 6. Cyberbullying |

- _____ = Intimidation and ostracizing.
- _____ = Hitting, pushing, shoving, and physical coercion.
- _____ = Injury, assault, and sexual aggression.
- _____ = Name calling and teasing.
- _____ = Spreading rumors, leaving the target out of activities, breaking up or manipulating friendships.
- _____ = Using digital technology, such as social media, smart phones, computers, etc. to spread rumors, call names, insult, taunt, etc.

TEST YOURSELF: ARE YOU HELPFUL, FRIENDLY, COURTEOUS, AND KIND?

3. ____ **Yes or No:** If you spot someone being bullied, could you tell the bully to stop? Could you say, "I don't like it!" Could you say, "That's not funny!"
4. ____ **Yes or No:** If you spot someone being bullied, it's tempting to tell the bully that he's a complete jerk or even get in and get physical with him. Sadly, those actions usually just make things worse. Question: Are you smart enough to avoid bullying back?
5. ____ **Yes or No:** If you spot someone being bullied and a crowd has gathered, are you brave enough to tell the bystanders that they're not helping and that they really should move along.
6. ____ **Yes or No:** Are you willing to be friendly to the victim? Could you say, "I'm sorry about what happened." Could you say, "I don't like what that kid said."
7. ____ **Yes or No:** Are you willing to be helpful to the victim? Could you say, "We really have to report this. C'mon, I'll go with you."
8. ____ **Yes or No:** Are you willing to be helpful to the victim? If he decides not to report the bullying, are you willing to report it yourself?