First Class Requirement 7a
Bandages, Splints, and Slings

Sprained Ankle

1. Start with a cravat in front of the boot heel...
2. Cross the bandage in back of the boot...
3. Cross the bandage over the boot laces...
4. Loop the bandage around the "stirrup" (both left and right)...
5. Pull snug and end with a square knot over the laces.

You may have to continue your wilderness trek in spite of a sprained ankle. In that case, keep shoe on and tie sprained ankle bandage over it.

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Injuries on the head - 1

Injuries on the head - 2

Triangular bandage for the head

Use when entire scalp needs to be covered.
Okay to improvise a splint using a magazine or newspaper.
Broken bone - Collarbone

Note: Just a sling plus a stabilizing wrap. No splint is possible.